

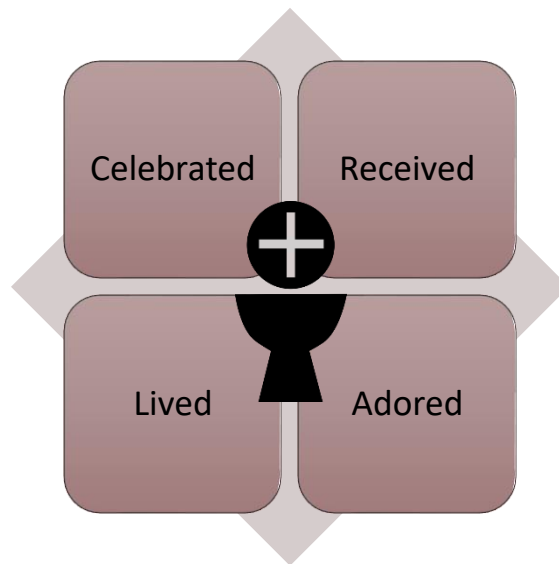


Parish Year of National Eucharistic Revival

The National Eucharistic Revival encourages grassroots efforts toward more profound encounters with Jesus in the Sunday liturgy, deeper personal commitments to participating in the Mass each week and sparking personal courage to take the authentic love of Jesus found in the Eucharist out into a world in great need of it. The Parish Year of the revival (June 2023-June 2024) focuses on local efforts to enkindle living relationships with Jesus Christ in the Eucharist and renew the Church.

In Maine, the framework of the Eucharist celebrated, received, adored, and lived guides planning of diocesan revival efforts.

- ❖ The *Eucharist celebrated* focuses on how we celebrate the Mass and encourage parishioners to participate in the liturgy more fully, consciously, and actively.
- ❖ The *Eucharist received* focuses on individual preparation for personal encounters with Jesus Christ in the Mass, especially ongoing conversion to ever greater faith and devotion through sharing in holy Communion.
- ❖ The *Eucharist adored* focuses on honoring the Real Presence of Christ outside of Mass.
- ❖ The *Eucharist lived* focuses on people acting as missionary disciples changed by sharing in the Eucharist, cooperating with the Holy Spirit in serving others so the wider community may also be changed by the Father's gifts of love, mercy, and generosity.



[Click](#) to view seven minutes of the December 15, 2022 “Advancing the Mission” meeting where Msgr. Marc Caron and Dr. Lori Dahlhoff described these four dimensions and issued an invitation to parishes to approach planning for the parish revival with this framework in mind.

Setting one goal in each of these four dimensions of the Eucharist increases the likelihood that there will be a significant revival in persons and a whole parish community that reinforces and communicates Eucharist as the center of everything we are and do as Catholics. Goals may include more people celebrating Mass in-person, awakening eucharistic amazement in the hearts of the faithful, and renewing gratitude and reverence for the Eucharist by acting with love and compassion in our homes, towns, and wider community. Actions toward such transformations include catechesis, prayer, extending Christ's love to those in need of its comfort, and training liturgical ministers for serving in the Eucharist banquet.

The following Planning Form offers directions for using this framework in prayerful discernment of a local plan for the Parish Year of Revival and beyond. Since the revival is aimed toward long-lasting change, final outcomes of efforts may not be realized for several years. At the same time, qualitative and quantitative indicators of short-term effects are likely to be observable within three to 12 months of a new action. Such indicators describe what it would look like, sound like, or feel like in the parish if a planned action has the desired impact. A Sample Plan on the last page provides examples. Please reach out to [Lori Dahlhoff](#), diocesan point person for the National Eucharistic Revival, if you have questions about the framework or would like assistance in crafting a local plan for the Parish Year of the National Eucharistic Revival.

Jesus, Bread of Life and Cup of Salvation, make us new during this time of revival so that our lives will naturally reflect the faith, hope, and love that begin and end in you. (from the [Diocesan Prayer for Eucharistic Revival](#))



Parish Year of National Eucharistic Revival

Plan for _____ (parish name) _____ (town)

DIRECTIONS:

1. Discern one *goal* for each of four dimensions of the Eucharist as source and summit of Catholic life.
2. Commit to one *action* (or series of actions) aimed at achieving the goal.
3. Identify *indicators of desired impact** for the action(s) taken toward the goal
*observable changes that point to any effects of the actions taken toward the goal. In short, what will be different in individuals and or the parish because these actions are taking place?
4. Set a timeline for implementation and assessment to notice the Holy Spirit at work through parish efforts. This chart assumes actions will take place between June 2023 and June 2024.
5. OPTIONAL: Email the final parish plan to the diocesan point person for the National Eucharistic Revival, [Lori Dahlhoff](#), so the diocese can better support local efforts and share ideas with other Catholic faith communities in Maine and across the United States.

Eucharist Celebrated

focus: how we celebrate Mass

Goal

Action

Indicators
of Desired
Impact

Eucharist Received

focus: personal conversion to Christ encountered in the Eucharist

Goal

Action

Indicators
of Desired
Impact

Eucharist Adored

focus: honoring the Real Presence of Christ outside of Mass

Goal

Action

Indicators
of Desired
Impact

Eucharist Lived

focus: missionary charity and generosity that flows from participating in Mass

Goal

Action

Indicators
of Desired
Impact



Parish Year of National Eucharistic Revival

Sample Plan

Multiple actions listed under each goal are for illustration purposes only.

Eucharist Celebrated focus: how we celebrate Mass

<p>Goal More parishioners (at least ¼) are talking about the Mass and everyone’s role in celebrating</p>	
<p>Action: Publish a “Question of the Week” focused on the Eucharist in parish communications and small groups (Advent 2023 and Lent 2024)</p> <p>Indicator of Impact: Hear the questions being discussed in council meetings and see responses posted on Facebook</p>	<p>Action: Invite newly registered parishioners to complete the Readiness Checklist to help assess the current way the parish celebrates Mass (August 2023)</p> <p>Indicators of Impact: parishioners provide honest feedback; adjustments are made in areas needing improvement to create more welcoming, beautiful, prayerful, and fruitful experiences</p>

Eucharist Received focus: personal conversion to Christ encountered in the Eucharist

<p>Goal Parish creates space for the faithful to gather and reflect in a moment of encounter with Our Lord</p>	
<p>Action: Provide 2 minutes of silence before the Prayer After Communion to make space for personal meditation and thanksgiving at each Mass (start November 2023)</p> <p>Indicator of Impact: Most people at Mass stay in reverent prayer after receiving holy Communion</p>	<p>Action: Offer Mass and a meal with a “Reflective Walk Through the Mass” to help individuals become more conscious of what it means to receive holy Communion and how to participate in Sunday Mass with greater faith and devotion (quarterly)</p> <p>Indicator of Impact: Visitors comment on the reverence and joy they see during Sunday Mass</p>

Eucharist Adored focus: honoring the Real Presence of Christ outside of Mass

<p>Goal Parishioners more frequently spend time in adoration before the Blessed Sacrament</p>	
<p>Action: Begin the Parish Revival Year with a Eucharistic Procession on Corpus Christi Sunday (June 2023)</p> <p>Indicator of Impact: At least one third of the parishioners at the Mass (other than those with a specific role) join in the procession; Story published in area news outlets with testimonies about why people participated</p>	<p>Action: Offer catechesis on the enduring Real Presence of Jesus Christ in the Eucharist (Fall 2023 book club; Spring 2024 parish mission)</p> <p>Indicator of Impact: participants spend more time praying before the Blessed Sacrament in the tabernacle before and after Mass</p>

Eucharist Lived focus: missionary charity and generosity that flows from participating in Mass

<p>Goal Those being serviced identify that parish efforts connect to belief in the Eucharist</p>	
<p>Action: Prayer before Christ in the tabernacle or a “sending blessing” at Mass before a group begins a parish-organized service activity (begin summer 2023)</p> <p>Indicator of Impact: service leaders identify how intended actions reflect Christ in promotion of the activity and or with those engage in service; the wider community comments on how the parish is positively impacting the quality of life for the most vulnerable in the area</p>	<p>Action: Invite 2 or 3 individuals at each worship site to serve as local “Eucharistic Missionaries” through prayer, witness, and enthusiasm for revival in Christ (July 2023)</p> <p>Indicator of Impact: At least one person in each site (other than staff) accepts invitation and signs up with the USCCB; Eucharistic Missionaries are participating in ongoing formation efforts and getting new people to participate with him or her</p>